

JCPS PARENTS AS TEACHERS

SUMMER 2019 NEWS TO KNOW

WE NEED YOUR HELP TO PLAN FOR NEXT YEAR

The PAT Program Evaluation and Parent Educator Evaluation survey has been emailed to families in our community program via Survey Monkey. If you did not receive one or accidentally deleted it, please reply to this email and we can send it to you again.

Paper surveys will be given to preschool program families at the end-of-year parent celebration on May 2. If you are unable to attend, forms will be sent home with your child. Please take a few minutes to fill it out and return it to school with your child.

We value your thoughts and use them to strengthen our services and plan activities for the upcoming school year. We also love to hear how PAT has supported you in your role as your child's first and most influential teachers, so please include your success stories!

HAVE YOU VISITED SHUBERT'S HOME?



Conscious Discipline has recently released a fabulous new resource for parents. Shubert's Home in Bug Valley offers practical, room-by-room examples of Conscious Discipline implementation in the home. Explore the Living Room, Kitchen, Bedrooms and more to discover tips, tools, tricks and videos designed to help parents and families bring the principles and practices of Conscious Discipline to life. [Click here to visit](#) and check out all 12 areas of Shubert's Home to find valuable resources that will help you build a foundation of safety, connection and problem-solving in your family's home.

WISH YOUR CHILDREN WERE MORE COOPERATIVE?

As parents and as humans, we all have moments that are difficult to handle. Has your toddler ever asked you for candy at the grocery store, then had a complete meltdown when you said no? Have you ever found yourself putting your little one to bed 14 times in one night?

If this sounds familiar, [check out the Three Keys to Cooperation webinar](#) from Conscious Discipline Master Instructor Angela Fraley. Learn how breathing, connecting, and showing and telling children what to do can help you and your child successfully navigate these challenging situations.

MAY PARENTS AS TEACHERS CALENDAR:

Events will be held at the Southwest Early Childhood Center, at 812 St. Mary's Blvd. in Jefferson City unless otherwise noted. Please use the main front door (the one with stairs leading up from St. Mary's Blvd. and the marquee sign in the grass out front.). Parking is around the sides and back of the building.

Friday, May 10 is the last day for home visits for the 2018-2019 school year.

Friday, May 10 will be the last day that the Drop In and Play Center will be open for the 2018-2019 school year, due to preschool screening the following week.

Monday, May 13-Thursday, May 16: Screening for preschool for children who are age 4 by July 31st, for classes at the Southwest Early Childhood Center and Callaway Hills classroom. Call 659-3026 to schedule a screening appointment. Families must qualify for free or reduced lunch.

PARENTS AS TEACHERS WILL BE CLOSED FOR THE SUMMER FROM MAY 23-AUGUST 19. Expect a phone call from your parent educator during mid-to-late August to schedule your first visit of the 2019-2020 school year.

While we do not offer group connection events over the summer, there is always something going on in our community! Summer newsletters will be short and will likely only include information about ongoing and special community events. Watch for us to share events on our Facebook page too!

MAY COMMUNITY EVENTS:

May Children's Programs at Runge Nature Center: Baby Animals

Many wild animals are born in the springtime and it is a delightful miracle each time. Let's learn about the wild animal babies in our own backyard - Runge Nature Center.

Registration begins 8 AM Wednesday, May 1st, for the MAY programs.

Go to <https://mdc.mo.gov/CentralEvents> to sign up for a program requiring registration. Call 1-888-283-0364 if you have questions about registration OR 573-526-5544 for questions about an event.

Little Acorns--Registration required (ages 3-6).

MAY 23 • THURSDAY • 6–7 PM

MAY 28 • TUESDAY • 10–11 AM

Little Acorns PLUS--Registration required (at least one child in the 0-2 AND at least one child in the 3-6 age ranges).

MAY 24 • FRIDAY • 10–11 AM

Babes in the Woods--Registration required (ages 0-2).

MAY 30 • THURSDAY • 10–11 AM

Tuesdays: Preschool Story Time at the Missouri River Regional Library's Art Gallery, 10:30-11:00 am. Stories and music for preschoolers, ages 3-5

Wednesdays: Family Songs and Stories at Holts Summit Public Library from 10:30-11 a.m. Enjoy songs, stories, animal boards and activities for families with children birth to age 4.

Wednesdays: Family Storytime at Missouri River Regional Library (art gallery) from 10:30-11:30 a.m. Stories, music, crafts, and activities for children of all ages.

Fridays: Itsy Bitsy Music Time & Story Time at Itsy Bitsy Broadway at Capital Mall (across from Joann Fabrics) 10-11 a.m. These are programs for early learners focusing on a positive

and interactive experience with music, stories, and puppetry. Details at www.facebook.com/musetheatreco or on their Facebook event [here](#).

Saturday, May 4: Saturdays @ Runge: Bird Nests at Runge Nature Center, from 10 a.m.-2 p.m. No registration required. Come nestle in with us here at Runge while we explore diverse Missouri bird's nests and all their eggs hidden within! Lobby activities will include discovery tables, crafts, games, and other bird watching activities. Fly on over and adventure with us!

Sunday, May 5: Porchfest from 1-4 p.m., on the 500-700 block of Capitol Avenue. Porchfest JCMO is about art, music, history and just plain family fun! Join us for a family friendly time of some really talented music on the historic porches of Capitol Avenue in Jefferson City. www.facebook.com/porchfestjcmo

Friday, May 10: Sensory Play Day (Ages 3 and Under) at Missouri River Regional Library, 10:15-11:15 a.m. Drop in and enjoy an open learning and play time featuring a variety of sensory and activity stations.

Saturday, May 11: Mom and Me at Missouri River Regional Library, 11 a.m.-noon. Celebrate Mom with activities at the library! Join others to build a LEGO town. Craft a cool wire and bead photo holder, and finish it off with your own Mother's Day card design. Light snacks will be provided.

Tuesday, May 14: Mother's Day Celebration at Whaley's Mommy & Me, 6-7 p.m. An evening of refreshments, shopping, and pampering. Moms will make all-natural hand and lip scrubs to take home and will learn the importance of self-care as a busy mama. Register at <https://www.facebook.com/events/324716368397586/>

Friday, May 17: Family Movie Night (The Lego Movie 2--PG) at Missouri River Regional Library, 6:00-8:00 pm. Bring a sleeping bag, blanket or pillow and join the fun. Light snacks and drinks provided. Note: This is an after-hours event. The front library doors will close at 6:15 pm.

Saturday, May 18: Summer Reading Kickoff: THE FISHIN' MAGICIANS: MAGIC THAT'S OUT OF THIS WORLD at Missouri River Regional Library, 1-2 p.m. Go on an outer space adventure where planets and stars appear and disappear. See a magical chimpanzee puppet perform tricks and hear it reminisce about when chimps traveled into space. A summer reading club kickoff event! Registration and reading logs will be available at the program.

Wednesday, May 22: KidSight Vision Screening at Missouri River Regional Library, 10-11 a.m. Representatives of KidSight will be here to offer quick, free vision screening for children six and under.

Wednesday, May 22: Baby Manis & Pedis at Whaley's Mommy & Me, noon-2 p.m. Get your little one ready for summer fun with baby manicures and pedicures. Our staff will provide free manis & pedis to your babies using our all-natural, non-toxic Piggy Paint! Piggy Paint is water based, odorless, and safe for all ages (even those little ones who love to chew on hands!). This is a free event. Register at <https://www.facebook.com/events/305517113458033/>

Saturday, May 25: Saturdays @ Runge: Fishing Fun at Runge Nature Center, 10 a.m.-2 p.m. No registration required. Stop by the nature center and explore the wet and wild life of Missouri's fish! Enjoy activities, displays, and even go fishing at the Runge pond.

Saturday, May 25 & Sunday, May 26: Salute to Veterans Celebration and Air Show at the Jefferson City Airport, 9 a.m.-4 p.m. <http://www.salute.org/>

Saturday, May 25 & Sunday, May 26: For the People Pow Wow, noon-10 PM Saturday and noon-5 PM Sunday at the Jefferson City Jaycees Fairgrounds. For the People Pow Wow features gourd dancing, intertribal dancing, tribal singing and vendors with products made by Native Americans. Inside the pavilion, dancers in native dress will take part in gourd dancing at noon on both Saturday and Sunday, and before the main Saturday evening dance session and Grand Entry. Cost: \$3 for adults. \$1 for school aged children. Elders and pre-schoolers are free Contact: For more information, contact Greg Olson at (573) 814-9135 or ftppowwow@gmail.com

Tuesday, May 28: Helen Haynes Presents Musikgarten at Missouri River Regional Library. 10:30-11 a.m. for ages 0-3, 11:15-12 p.m. for ages 3-6. Music and movement for children and their caregivers.

BUILD YOUR CHILD'S BRAIN BY READING THIS SUMMER:



SUMMER READING PROGRAMS

Your local library has a summer reading programs for all ages (child through adult). Read with your child, win fun prizes, and more. Summer Reading (ages 2+) runs May 18-August 4 at [Missouri River Regional Library](#) and Summer Reading (birth and up) at the [Holts Summit Public Library](#). runs May 22-August 4.



READ ANYWHERE!

We would love to see where you read with your family this summer. (Shoot for at least 15 minutes a day). If you share pictures on social media, please include #JCReads. Check out a storytime or special summer reading events in [Jefferson City](#) and [Holts Summit](#).



1,000 BOOKS BEFORE K

If you have signed up for 1,000 Books Before Kindergarten through Missouri River Regional Library, don't forget to log the books you've read and stop by the library for your prize once you have filled a sheet! Not signed up yet? Learn more at <https://www.mrrl.org/1000-books-kindergarten>

ONGOING SUMMER COMMUNITY EVENTS:

Tuesdays: Learning@11 at the Missouri State Museum, Tuesdays from June 4 through August 13 from 11-11:45 a.m at the Jefferson Landing State Historic Site at 100 Jefferson St. "Learning@11" is a series of interactive programs exploring various aspects of Missouri's cultural and natural history specifically focused on age groups 4 to 7 years using more activity-based programming. The broad theme for this summer's programs is "communication." The series will explore how people and wildlife communicate--past and present. [Click here to see topics/themes.](#)

First Wednesday of each month: Missouri Child Identification Program (MOCHIP) Child ID event at the Cole County Health Department (3400 W. Truman Blvd.). Time varies so contact 636-2181 to verify. MOCHIP is a free, comprehensive child identification program designed to give families a measure of protection against the ever increasing problem of missing and abducted children. The program offers digital photographs, ngerprints, child information and emergency contacts on a CD. Dental bite impressions, DNA sampling capability, scent sourcing for trained canine tracking and 2 laminated ID cards are also provided. Information is compatible with the AMBER alert system. No information aside from a signed parental permission slip is retained by the Masonic Children's Foundation, Capital Shrine Club, or Cole County Health Department. Call (573)636-2181 with questions; forms can be downloaded ahead of time at www.mochip.org

First Wednesday of each month: KidSight Vision Screening at Cole County Health Department (3400 West Truman, Blvd.). Time varies so contact 636-2181 to verify. Representatives from KidSight will be there to offer quick, free vision screening to check for nearsightedness, farsightedness, astigmatism, amblyopia ("lazy eye"), and other vision concerns.

1st and 3rd Fridays: Rhyme Time at Missouri River Regional Library (story hour room). Come from 10-10:30 OR 10:45-11:15 a.m. A special time of music, movement, and socialization for babies and their caregivers ages two and under.

Mondays-Fridays*: Little Splashers Playtime from 10:30-11:30 a.m. Enjoy the play structure area at Memorial Park Family Aquatic Center or the zero depth area at Ellis-Porter Riverside Pool during a time specifically reserved for little ones. Admission fee of \$2.00 is required for all participants. This is geared for youth six years old and under with an adult guardian (15 years or older.) *Little Splashers is also available on Saturdays at Ellis Porter Riverside Pool (10:30-11:30 a.m.)

Ellis Porter Riverside Pool opens May 25 and Memorial Park Family Aquatic Center opens for the season on May 26 and remains open until August 11. Please remember that toddlers are required to wear swim diapers or plastic pants, which may be purchased at either pool for \$1.75 or bring your own. For more on operating schedule and fees, visit

http://www.jeffersoncitymo.gov/parkfull/swimming_pools/pools_operating_schedule_and_fee_s.php Swim lessons are also provided at both pools throughout the summer. More information at

http://www.jeffersoncitymo.gov/parkfull/swimming_pools/swim_lessons/index.php

Imagination Station at Capital Arts offers an art education opportunity for children and adults, of all ages. Open Monday-Friday 12pm-6pm, Saturday 1pm-4pm and Sunday 1pm-4pm. The Capital Arts Imagination Station is designed for children and adults alike to drop in and create art! (no children left unattended) Although it is geared towards children as young as preschoolers, adults are always welcome. The Imagination Station is equipped with recycled materials (plastic containers, paper towel tubes, egg cartons, etc.) as well as scissors, glue sticks, crayons, markers and paint. Suggested donation of \$1/person.

<http://www.capitalarts.org/imaginationstation>

Open Gym at Tiny Tumblers: Open Gym days are a no-enrollment free play time for kids ages 2-6 years while parents supervise. Tiny Tumbler Gym is located in the Capital Mall in the old Sears wing. As of April 30, 2019 Open Gym times are on Monday 2:30-4; Wednesday/Fridays 9-10:30 and Saturdays 9:30-11 for \$3 a child or \$25 for a 10 visit pass. Verify session times and cost at <https://www.facebook.com/TinyTumblerGym>

FOR MORE EVENTS OR DETAILS ABOUT EVENTS:

Information on events available in our community this summer has come from the following sources. Please check them out for more information or additional events:

Missouri River Regional Library offers lots of free, family-friendly events all summer long! Check out their events calendar at www.mrrl.org or on Facebook at www.facebook.com/MORiverRegionalLibrary.

Holts Summit Public Library offers many family events. Check out their calendar at www.dbrl.org/events?fwp_location_events=holts-summit or on Facebook at www.facebook.com/dbrlcallaway/

The Runge Nature Center offers many free, family friendly events as well. You can even sign up for texts about their events. <https://nature.mdc.mo.gov/discover-nature/places/runge-conservation-nature-center>

Jefferson City Convention and Visitors Bureau page at <http://www.visitjeffersoncity.com/events.php>

City of Jefferson City Department of Parks, Recreation, and Forestry at http://www.jeffersoncitymo.gov/programs_and_activities/parks_special_events/index.php


The Missouri State Museum (inside the Capitol). Website at <https://mostateparks.com/park/missouri-state-museum> or on Facebook at www.facebook.com/MissouriStateMuseum



STAY CONNECTED WITH US!

 Facebook  @JCPS_PAT

 812 St Marys Blvd, Jefferson C...

 katie.epema@jcschools.us

 573-659-2350

 jcschools.us/pat